

## Curriculum overview 2022-23:

	Year 7	Year 8	Year 9	Year 10	Year 11
<p><b>RATIONALE:</b> The PSHE curriculum is a thematic curriculum that has been designed to deliver the new statutory reforms for RSE and Health in compliance with the PSHE Association framework and include the Gatsby benchmarks. It has 6 core themes: Rights, Responsibilities and British Values, Celebrating Diversity and Equality, Relationships &amp; Sex Education, Staying Safe Online &amp; Offline, Health and Wellbeing and Life Beyond School. There is also time built into the PSHE lessons to enable flexibility to address topics as necessary based on our students needs and activities based around the thrive profile. The RSE education is delivered by the Northern contraception, sexual health and HIV service and covers statutory content.</p>					
Autumn 1	<p><b>Managing Change</b> Intro to PSHE Getting to know people What is a community? Careers &amp; your future What is a community? Sleep &amp; relaxation Financial education Transition points and managing emotions</p>	<p><b>Proud To Be Me!</b> Employability skills Proud to be me &amp; careers Careers interests and jobs Self esteem &amp; media Labour market information Exploring careers</p>	<p><b>Essential Life Skills</b> From failure to success First Aid Importance of happiness What is anger? Saving and managing money Employment &amp; financial management Social media &amp; online stress</p>	<p><b>Mental Health/Wellbeing</b> Child abuse (CSE) Screen time &amp; Mobile use Mental health types Self harm Suicidal thoughts &amp; support Promoting emotional wellbeing Mental health &amp; wellbeing</p>	<p><b>Adult Health looking after yourself</b> Organ donation &amp; stem cell research Blood donation Teenage pregnancy choices Abortion (morals, laws and thoughts) Testicular &amp; prostate cancer Cervical, breast and ovarian cancer Parenthood Love &amp; abuse are not the same</p>
Autumn 2	<p><b>Friendships, Respect and Relationships</b> Consent &amp; Boundaries Respect &amp; Relationships What makes a good friendship? Friendships and managing them Being positive &amp; Self Esteem Pressure and influence What does it mean to be a man in 2022?</p>	<p><b>Dangerous Society Online and Offline</b> County lines Drugs &amp; UK gangs Substance misuse Online safety &amp; cyber bullying Grooming boys and girls Drugs education &amp; Alcohol safety Child Exploitation and Online protection</p>	<p><b>Dangerous Society Online and Offline</b> County lines Drugs and UK gangs Substance misuse Online safety and cyberbullying Grooming boys and girls Drugs education and alcohol safety Child exploitation and online safety</p>	<p><b>Rights and Responsibilities</b> Instagram generation Targeted advertising Marriage &amp; family Rights &amp; responsibilities Consumer rights Employment rights Exploring a paycheck</p>	<p><b>Staying</b> Virtual reality &amp; live streaming New Psychoactive substances Festivals and drugs War on drugs Cosmetic &amp; Aesthetic procedures Substance addiction Online Reputation Digital footprint &amp; the Internet</p>

Spring 1	<b>Puberty and Body Development</b> Intro to puberty Puberty (Girls focus) Puberty (Boys Focus) Personal hygiene & Oral hygiene Growing up - Beware of FGM Assertiveness, consent & hormones Self esteem & Empowerment <b>5 sessions delivered by The Northern Contraception, Sexual Health &amp; HIV Service</b>	<b>Identity, Relationships and Sex Education</b> Introduction to RSE Healthy relationships Dealing with conflict Sexual orientation Gender identity & Equality Act Introduction to contraception What is love? Periods & Menstrual cycles <b>5 sessions delivered by The Northern Contraception, Sexual Health &amp; HIV Service</b>	<b>Contraception &amp; STIs</b> STI lesson – the big STI game Contraception methods available How to put on a condom Realities of using contraception Sexual harassment & stalking HIV & AIDS HIV - discrimination & prejudice <b>5 sessions delivered by The Northern Contraception, Sexual Health &amp; HIV Service</b>	<b>Exploring Relationships and Sex Ed</b> Campaigning against FGM Sexting nudes and dick pics Porn life vs real life Porn materials and attitudes Domestic abuse and violence Sexual violence Sexualisation of the media <b>5 sessions delivered by The Northern Contraception, Sexual Health &amp; HIV Service</b>	<b>Sexual health</b> Peer on peer bullying Fertility and what impacts it Alcohol and bad choices Importance of sexual health Revisiting contraception Revisiting STI's Respect and relationships <b>5 sessions delivered by The Northern Contraception, Sexual Health &amp; HIV Service</b>
Spring 2	<b>Staying Safe Online and Offline</b> Avoiding gangs Staying safe online Fortnight grooming & online gaming What is alcohol? What is smoking? E-Cigs, vaping and shisha Energy Drinks Knife crime in the UK	<b>Physical Health and Mental Wellbeing</b> Health & wellbeing What is mental health? Positive body image Child abuse Types of bullying Healthy eating and cholesterol Stress management	<b>Body Confidence</b> Self esteem changes Time management LGBT rights HBT – Bullying in all its forms Dealing with grief and loss Media and airbrushing Cancer prevention Healthy lifestyles	<b>Violence, Crimes and Seeking Safety</b> Honour based violence Forced marriages Online gambling Social media validation Keeping data safe Modern day slavery Preventing knife crime	<b>Your future and beyond</b> Time management skills LGBT Rights across the world Dealing with exam stress & anxiety Insta life Vs. real life Writing a personal statement ∅ Writing a CV
Summe r 1	<b>Celebrating Differences</b> Multicultural Britain What is your identity? Nature vs. nurture debate Equality Act 2010 Breaking down stereotypes Prejudice and discrimination Challenging islamophobia	<b>LGBTQ+ Explored</b> Exploring LGBTQ+ & Associated key terms Homophobia in schools Supporting those that are LGBTQ+ Challenging discrimination Breaking down stereotypes Transphobia Coming out in 2022	<b>Legal and Illegal Drugs</b> Introduction to drugs Different types of addictions Cannabis products Drug classifications “Party drugs” – the dangerous side Exploring illegal drugs and effects Volatile substance abuse	<b>Exploring World Issues</b> International organisations Brexit explored Aid and supporting other countries Fair trade Peace, war and conflict Women’s rights & equality #Metoo movement Times up movement & gender equality	<b>Careers and life beyond school. Exam preparation</b>

Summer 2	<b>Politics, Parliament and Me</b> Why is politics important? How is our country run? Creating a political party Elections & campaigning Politics and debating Exploring inside parliament Who is the new PM Exploring the constitution	<b>Law, Crime &amp; Society</b> Desert Island living What is community spirit Decision making & constitution Criminals law & society Law making process in the UK Prisons & reform Punishment & Restorative justice	<b>Combating Extremism &amp; Terror</b> Conspiracies & extremist narratives Extremism in all its forms What is terrorism? Proud to be British? Radicalisation process Counter terrorism Anti-Semitism Prevent	<b>Exploring British Values</b> Critical thinking & fake news What is a cult? Exploring British values LGBT rights & British values What are Human Rights? Exploring Human Rights	